

# RAMADHAN CHECKLIST - Prepared by Masjid Umar, Gloucester

NAME: \_\_\_\_\_

DAILY ACTIVITIES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Completed morning dhikr <sup>1</sup>																														
Used Miswak during Wudhu																														
Pray EVERY Salah on time + Sunnahs																														
Prayed EVERY Salah in the Masjid																														
Duas + Tasbeeh <sup>2</sup> after EVERY Salah																														
Surah Yaseen [Surah #36] (morning)																														
Pray Chasht Salah (before midday)																														
Dua before Iftar (minimum 5 mins)																														
6 Rakat Awabeen after Maghrib																														
Surah Sajdah [Surah #32] (evening)																														
Surah Mulk [Surah #67] (evening)																														
Surah Yaseen [Surah #36] (evening)																														
Made up 3 Qadha Salah (minimum)																														
20 Rakat Taraweeh + Witr																														
Tahajjud (minimum 4 Rakat)																														
Evening dhikr (same as morning dhikr)																														
Gave Sadakah (minimum £1 a day)																														
Memorized a Surah/ ayah of Quran																														
Recited Quran (minimum 1/2 hour)																														
Memorized + Practiced on a Dua																														
Studied Tafseer from a trusted																														
Alim or a trusted Tafseer <sup>3</sup> (15 mins)																														
Encouraged good / Forbade Evil																														
<b>SELF-RECTIFICATION</b>																														
Cut Mobile/Tablet/Social Media Usage																														
Didn't swear/argue/backbite/curse																														
Protected my eyes from Haram																														
Avoided Music / TV / Movies																														
Self-accountability before sleep																														
Slept with Wudhu + prayed Duas																														
Forgave everybody before sleeping																														

Duas requested for ALL those who helped with preparation, printing and distribution

<sup>1</sup> 100 x Istighfar + 1<sup>st</sup> kalimah + 3<sup>rd</sup> kalimah + Durood Shareef  
<sup>2</sup> 3 x Istighfar / 1 x Allahuuma Antas Salam... / 1 x Ayatu Kursi / 33 x SubhanAllah, Alhamdulillah and 34 x Allahu Akbar... (Please ask your local Imams for more duas)  
<sup>3</sup> I recommend a study of Ma arifui Quran by Mufti Shafi Uthmani RA, available in both English and Urdu [MoI. Abdullah Abdussamad Patel]

If you require a PDF copy, please contact: +447597841840 / abdullahpatel@hotmail.com